



Rights in Positive Behaviour Support

The UN Convention on the Rights of People with Disabilities (the UNCRPD) was developed to make sure that people with disabilities have their rights protected. It provides the practitioner with concrete ways of considering and promoting the rights of people with disability in all areas of their life.

The UNCRPD is made up of 50 articles, the majority of which are highly relevant to Positive Behaviour Support. Although practitioners don't need to be able to quote from the document directly, they will be familiar with its contents giving them confidence in supporting the rights of the person and can help them explain and justify ways of protecting and promoting the rights of the person.



Using PBS to support rights

Some of the ways that PBS can be used to support the rights of people with disability include:

- Providing support for making decisions
- Using least restrictive practices
- The co-production of PBS plan
- Retaining the person's access to meaningful activities
- Supporting their right to learn (including the right to the assumption that the person can learn)
- Providing access to community and meaningful inclusion
- Developing values-based goals (those reflecting the values of the person)
- Promoting quality of life as defined by the person
- Supporting their unique identity, preferences, and choices
- Using best practice/evidence-based behaviour support
- Ensuring choice/control
- Providing support for independence and self-management